

SPIRITUAL DISCIPLINE KICK START

through the fast of St. Mary

STSADMINISTRIES.ORG

Bible Reading Plan

To begin your time, pause and ask God for Him to speak to you. Quiet your thoughts and sit still for a few minutes before you begin to read. Read the verses a few times. If you like, you can turn a verse into a prayer, write it on a card and pray it each day, adding a new verse daily. Choose a verse to meditate on all day. Pop it in your pocket, post it somewhere you look regularly and ask God to teach you from His words.

WEEK 1

- DAY 1 - SUNDAY - CHURCH READINGS (STSA APP> READ BUTTON)
- DAY 2 - MONDAY - LUKE 1:26-38
- DAY 3 - TUESDAY - LUKE 1:39-56
- DAY 4 - WEDNESDAY - LUKE 2:1-20
- DAY 5 - THURSDAY - LUKE 2:21-38
- DAY 6 - FRIDAY - LUKE 2:39-52

WEEK 2

- DAY 1 - SUNDAY - CHURCH READINGS (STSA APP> READ BUTTON)
- DAY 2 - MONDAY - ISAIAH 7:13-25
- DAY 3 - TUESDAY - MICAH 5
- DAY 4 - WEDNESDAY - HEBREWS 9:1-15
- DAY 5 - THURSDAY - GALATIANS 4:1-7
- DAY 6 - FRIDAY - JOHN 2:1-12