

Filled may be done
but that doesn't mean
you stop reading your
Bible!

Read your Bible, pray
everyday and you'll
grow, grow, grow!



A fun-filled Holy 50
activity to keep families
in God's Word

PRINTING TIP

If you're looking to print this out, we recommend that you print it single-sided, staple it in the top left corner and fold it all in half to make a half-sheet booklet. That way you can cut out the Hidden Message on the left side of the page and only show your kids the right side of the page with the readings.

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Welcome to Filled!

We just had a WONDERFUL Lent, Holy Week and Feast of Resurrection and we don't want to lose the closeness we felt to Christ all throughout this blessed season. So, let's stay connected to Him through daily prayers, Bible reading and sharing in a fun and engaging way that your whole family will love.

During the Holy 50 days after Christ's resurrection, we will focus our thoughts and readings on the blessing of the Holy Spirit in our lives. We know that life without the Holy Spirit would be dull, powerless, joyless and deflating--like an unfilled balloon. But life with the Holy Spirit, is quite the opposite! **Over the next four weeks we are going to explore how a simple balloon can remind us that living a life FILLED with the Holy Spirit is the best life possible!**

Each week you'll help your family follow a weekly guide with daily instructions.

- **On Sundays, you'll hide a message in a balloon and blow it up to put on display for the whole week.** You can display the balloon by tying a ribbon to the end of it and taping it to your fridge, putting it in a bowl or taping it to a straw and putting it in a vase. The idea is to show it off somewhere where you will see it daily and remember to read the Bible passage. **Everyday, get your kids excited to guess what the hidden message may be about.**
- **Monday through Friday you will read a short passage and use the prompt to discuss it with your family.** HINT: All the readings from Monday through Friday will give you clues about the hidden message.
- Finally on **Saturday, POP DAY!, you will pop the balloon with a fun game** and discover the hidden message of the week. Answers are at the bottom of this page.

We're praying that you and your family have a blessed Holy 50 and that you experience the joy of His resurrection all year long.

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ANSWERS: Week 1, always
Week 2, joy, joy, joy, joy
Week 3, grow grow
Week 4, soft/tender



Week 1

SUNDAY

Cut out the hidden message, hide it inside a balloon, blow it up & put it on display. Have the kids guess what the message might be to get them excited about their Bible readings this week.

HIDDEN MESSAGE

Fill in the missing **red** letters from this week's guide to reveal the hidden message.

There is air in the balloon and air everywhere around us but we can't see it. The Holy Spirit is like air. He is always there but we can't see Him. God sent us His Holy Spirit so He would _____ be with us!

MONDAY

Read Isaiah 41:10-13

Share some ways you know that God is with you.

TUESDAY

Read Hebrews 13:5-6

Why should we be content with what we have?

WEDNESDAY

Read Psalms 73:23-26

How **w**ould my life be different if I wanted nothing on earth more than Christ?

THURSDAY

Read Joshua 1:5-9

How do you feel when you **r**ead, "the Lord your God is with you wherever you go."?

FRIDAY

Read Matthew 28:18-20

Why do you think St. Matthew ended his gospel with Jesus **s**aying, "I am with you always, even to the end of the age. Amen."?

SATURDAY

POP DAY!

Take your balloon outdoors to a grassy area and take turns waddling from the **s**tart to finish line with it between your knees. See how long you go without popping it!



Week 2

SUNDAY

Cut out the hidden message, hide it inside a balloon, blow it up & put it on display. Have the kids guess what the message might be to get them excited about their Bible readings this week.

HIDDEN MESSAGE

Balloons are fun & can make us smile & think of happy things.

Just like balloons, the Holy Spirit brings us JOY, but SO MUCH MORE than a balloon can!

Fill in the words from the song:

*I've got the ___', ___', ___', ___'
down in my heart!*

We can have **JOY** all the time because we have Christ in us.

MONDAY

Read Romans 14:16-18

What gives you joy?

TUESDAY

Read Romans 15:12-13

What does God fill us with?

WEDNESDAY

Read 1 Thessalonians 1:2-10

How did they receive the Word of God?
HINT: verse 6

THURSDAY

Read Acts 13:49-52

The disciples were kicked out of the region but they had joy. How?

FRIDAY

Read Galatians 5:22-23

What is the second fruit of the Spirit?

SATURDAY POP DAY!



SCAN ME

Scan the code & sing along on repeat. Toss the balloon up & the whole family has to help keep it off the ground while singing. Once it falls, pound it until it pops!



Week 3

SUNDAY

Cut out the hidden message, hide it inside a balloon, blow it up & put it on display. Have the kids guess what the message might be to get them excited about their Bible readings this week.

HIDDEN MESSAGE

Just like each breath helped the balloon to _____, the Holy Spirit helps us _____ in God by teaching us to pray & helping us to understand the Bible.

When we participate in the Sacraments of the church, read our Bibles & pray, we allow the Holy Spirit to **GROW** in us & fill us with all the fullness of God (Eph. 3:21), just like you saw the balloon **GROW** until it was completely filled.

MONDAY

Read Romans 8:26-27

What does the Holy Spirit help us do?

TUESDAY

Read Jude 1:20-21

How do we pray?

WEDNESDAY

Read 1 Corinthians 2:9-16

Who teaches us?

THURSDAY

Read John 14:16, 26

How does the Holy Spirit help us?

FRIDAY

Read Ephesians 3:14-21

Who is it that fills us?

SATURDAY

POP DAY!

Blow up a balloon & point out how much it grows with each breath & when it's finally full. Race to see who can pop this new balloon vs. the hidden message balloon by sitting on it.



Week 4

SUNDAY

Cut out the hidden message, hide it inside a balloon, blow it up & put it on display. Have the kids guess what the message might be to get them excited about their Bible readings this week.

HIDDEN MESSAGE

Just like a balloon is squishy, soft, & huggable, the Holy Spirit can take our HARD hearts and make them _ _ _ _ .

Having a soft or tender heart means that we are humble, learning from the Holy Spirit, obeying God's ways & following Him.

MONDAY

Read Proverbs 28:14

What will happen to those who harden their heart?

TUESDAY

Read Mark 16:14-15

Why did Jesus rebuke or correct the disciples?

WEDNESDAY

Read I Peter 3:8

What should our hearts be like?

THURSDAY

Read 2 Kings 22:19

Why did God hear his prayer?

FRIDAY

Read Ephesians 4:31-32

How can we show tenderness or gentleness to each other?

SATURDAY POP DAY!

Take the hidden message balloon and hold it between you and your sibling or parent. Come close for a BIG hug and let your hug pop the balloon to reveal the hidden message.